

# PHYSICAL REHABILITATION





## ICRC PHYSICAL REHABILITATION PROGRAMS

Physical rehabilitation helps disabled people regain their mobility so that they can lead a life in dignity and play an active role in the society.

The International Committee of the Red Cross (ICRC) physical rehabilitation programs are designed to strengthen the rehabilitation services in countries where the ICRC operates.

In Bangladesh, the ICRC has partnered with the Centre for the Rehabilitation of the Paralysed (CRP) to help the most vulnerable people with disabilities rebuild their lives.

#### THE PROGRAM INVOLVES:

- providing high-quality, low-cost prosthetic and orthotic appliances (artificial limbs and assistive devices);
- supporting local ortho-prosthetists (technicians) with internationally recognized training;
- improving the capacities of local partners and authorities so that they can ensure sustainable orthopaedic services;
- supporting local physiotherapists in the process of enabling persons in need of prosthesis or orthosis to walk independently;

## WHAT THE ICRC PROVIDES

For the most vulnerable people with disabilities attending the CRP, the ICRC will cover:

- the cost of raw materials for the production of prosthesis and orthosis;
- the cost of accommodation and meals during the patient's stay at the centre;
- transport costs to and from the patients' place of residence.

# WHAT THE ICRC EXPECTS FROM THE PATIENTS

Because each device is tailor-made, the initial rehabilitation process may take time. Therefore, you will be asked to stay in the CRP for up to two weeks.

You should carry basic essentials such as shoes, medicine, change of clothes, soap, toothbrush etc. for the duration of your stay.

Once you leave the centre, you are fully responsible for ensuring that your devices are clean and in full working condition.



### **SOCIAL INCLUSION**

People with disabilities often experience limited opportunities in society such as difficulties in access to health, education, employment and even obstacles in living a normal family life.

The CRP runs a number of social inclusion programs that support in integrating disabled people into society. The ICRC supports the vocational training at CRP so that the most vulnerable disabled people can stand on their own feet and

#### **MISSION**

The International Committee of the Red Cross (ICRC) is an impartial, neutral and independent organization whose exclusively humanitarian mission is to protect the lives and dignity of victims of armed conflict and other situations of violence and to provide them with assistance. The ICRC also endeavours to prevent suffering by promoting and strengthening humanitarian law and universal humanitarian principles. Established in 1863, the ICRC is at the origin of the Geneva Conventions and the International Red Cross and Red Crescent Movement. It directs and coordinates the international activities conducted by the Movement in armed conflicts and other situations of violence.

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