

ICRC Support for Primary Healthcare Services in Zimbabwe – 2006 to 2013





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Front cover: Olivier Moeckli/ICRC

Introduction

Between 2006 and 2013, ICRC assisted primary healthcare institutions in Zimbabwe to improve the quality of their service to communities through the provision of essential drugs and medical items, training as well as rehabilitation of critical infrastructure. ICRC support began in response to growing humanitarian needs in communities identified by ICRC, in cooperation with the local authorities. The goal of the initiative was to enable skilled Zimbabwean medical personnel to be retained at those institutions and continue to serve their communities.

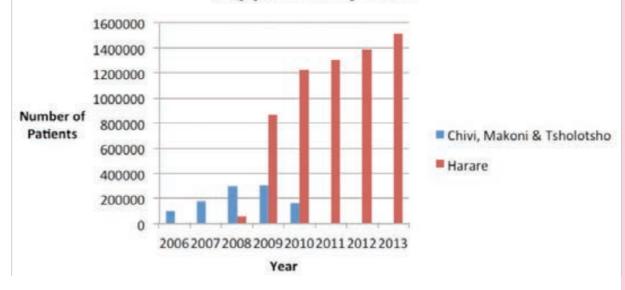
16 rural health centres and 4 hospitals in Chivi, Makoni and Tsholotsho districts were the initial beneficiaries of this programme. In June 2008, it was extended to 12 polyclinics and 1 hospital of the City of Harare.

From 2009, the ICRC handed over completed assistance programmes to local authorities and their development partners. This process ended in December 2013 with the handover of programmes to the City of Harare.

This document outlines the scope and impact of ICRC's partnership with primary healthcare institutions from 2006 to 2013 in Zimbabwe. Over 180 000 people in Chivi, Makoni and Tsholotsho districts and a further 1.2 million people in the City of Harare benefitted from these partnerships.



Patient Consultations at Health Institutions Supported by ICRC



I have to express my sincere appreciation to the ICRC for the invaluable assistance that they gave to the City of Harare especially the Health Services Department since 2008. Without this assistance, we would failed to deliver the kind of healthcare services we were able to at the time when most government institutions faced significant challenges and people started gravitating to these polyclinics.

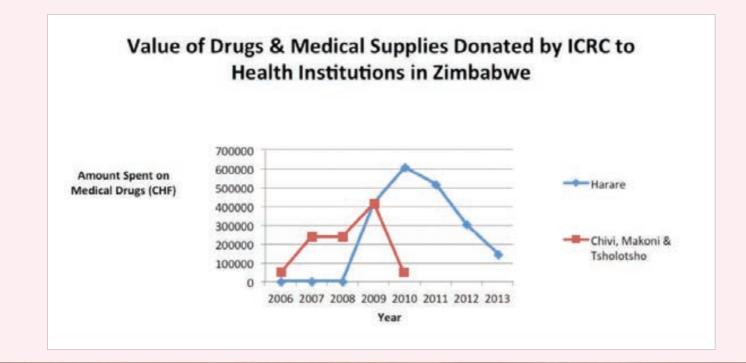
Muchadeyi Masunda, Former Mayor of the City of Harare

Medical Support

In cooperation with the local authorities, ICRC offered the following medical support:

- Monthly or quarterly supply of essential medical drugs and consumables needed for quality medical service provision.
- Enhanced polyclinic maternity services through supplying 11 baby warmers to resuscitate new-born babies, as well as delivery beds, ordinary hospital beds and linen.
- Donated specialized medical equipment such as cervical cancer screening machines and furniture for use in medical wards.

- Provided cleaning materials for all clinics and hospitals to support the authorities' continuous efforts to ensure patients received adequate medical care in a clean environment.
- Distributed insecticide-treated mosquito nets in Chivi, Makoni and Tsholotsho districts with the aim of reducing malaria prevalence amongst expectant mothers attending maternity clinics.







Water and Sanitation

To improve access to clean water and adequate sanitation facilities at health institutions, the ICRC:

- Drilled 15 boreholes, installed water tanks, rehabilitated as well as maintained existing water systems at health centres in Chivi, Makoni and Tsholotsho districts to improve quality of medical services.
- Drilled new boreholes or rehabilitated existing ones and installed water tanks at 12 polyclinics in Harare to improve availability of water supply and quality of healthcare services provided, especially for expectant mothers.
- Constructed incinerators at selected clinics in Chivi, Makoni and Tsholotsho to improve medical waste management and disease prevention.
- Installed incinerators and provided material for the construction of incinerator sheds at 8 of the 12 Harare polyclinics to improve medical waste management and disease prevention.



Rehabilitation of Infrastructure

To enable qualified health personnel to sustainably deliver quality healthcare services, ICRC carried out the following civil works:

• Rehabilitated and equipped 13 Waiting Mothers' Shelters with delivery beds and other specialised equipment to reduce distances walked by expectant mothers and enhance medical service provision in Chivi and Tsholotsho.

We had our own kitchen to prepare our own food, and access to water so we could wash our clothes and bath too. I like the shelter because I can arrive at the clinic 3 to 4 days earlier. I have time to rest before delivery and most importantly, access to nurses who can monitor my situation.

Irene, Client, Mpanedziba Clinic, Tsholotsho District





Energy Supply for Critical Operations

To ensure continuous electricity supply in the event of power outages, ICRC:

 Installed 12 electrical power back-up systems at 12 polyclinics in Harare to enable key wards, such as maternity, to continue to deliver critical medical services.

With over 300 births per month, the baby warmer has really assisted in ensuring that we save the lives of babies that are born with hypothermia related complications. The maternity ward is heavily affected by power cuts. The power back-up system installed by the ICRC has played a crucial role in ensuring that the baby warmers are always powered.

Sheila Chiedza, Sister-In-Charge, Mabvuku Polyclinic, City of Harare



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Technical Assistance & Training

The ICRC assisted in developing the skills of health personnel by supporting training workshops to enhance their capacity. Between 2006 and 2013, the ICRC conducted training in the following areas:

Strategy and Planning

- Supported a workshop to enable the discussion and finalization of City of Harare Health Services 2010 to 2015 Strategic Plan.
- Held a workshop for 40 City of Harare district health executives to support the process of decentralization of health services in line with the 2010 to 2015 Strategic Plan.
- Sponsored a team of consultants to evaluate City of Harare Health Services' sources of finance and expenditure to identify potential opportunities for enhancing primary healthcare service provision.



Patient Care & Service Delivery

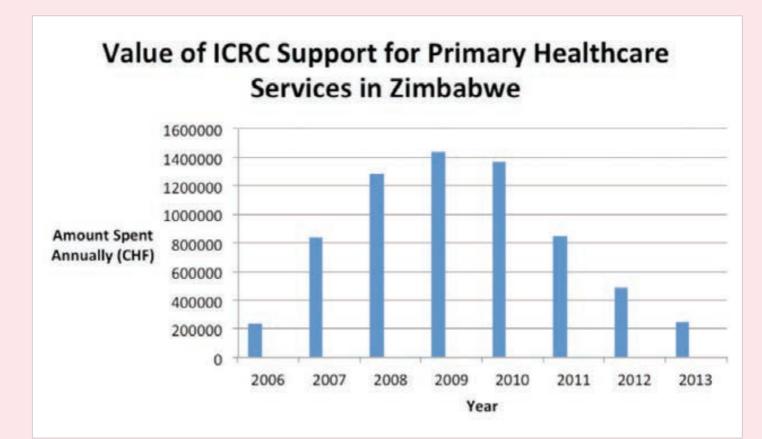
- Supported 2 City of Harare Health Services Midwives Workshops focused on obstetric emergencies and neonatal care.
- Conducted training for the City of Harare Health Services personnel on cancer screening and treatment of cervical cancer following the donation of 2 cancer screening machines by ICRC to 2 polyclinics in the City of Harare.

Disease Prevention and Control

- Enhanced the skills of 94 health personnel through workshops on Infection Prevention and Control.
- Trained 122 nurses from Chivi, Harare, Makoni and Tsholotsho on malaria case management, including the use of new malaria drugs and rapid diagnosis testing.
- Assisted in stemming a nationwide measles epidemic amongst children by providing 4 ICRC vehicles with drivers to support a 10-day Government vaccination campaign.
- Supported training workshops for junior and senior health personnel on Infection Prevention and Helping Babies Breath (HBB).

Equipment Maintenance and Staff Support

- Conducted on-the-job training related to the installation and operation of 8 ICRC provided incinerators for City of Harare personnel.
- Motivated staff of the health clinics by providing allowances and food hampers to all clinic personnel between 2008 and 2009.
- Donated a printing machine and a photocopying machine to the City of Harare to assist in the production of medical forms.





Rural Health Centres Supported by ICRC – 2006 to 2009/10

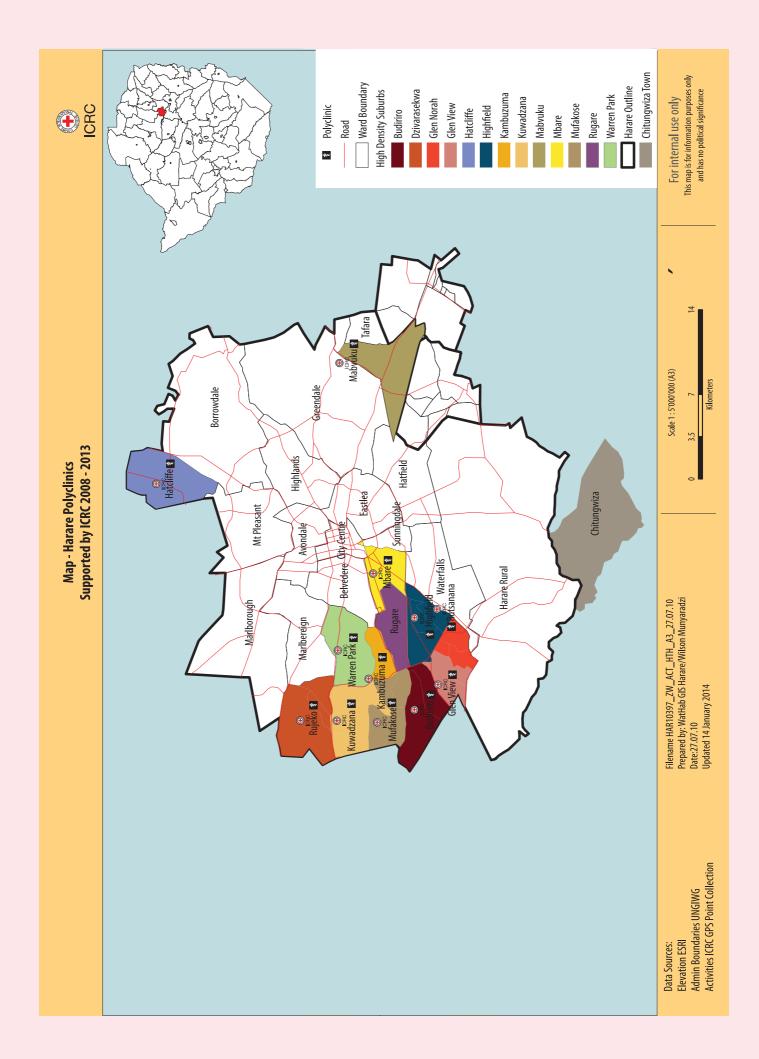
District	Hospital	Clinic
Makoni	Rusape District Hospital Weya Rural Hospital	Nyamukamani Clinic Nyamusosa Clinic Mayo 1 Clinic Mayo 2 Clinic Nyahowe Clinic
Chivi	Chivi District Hospital	Razi Clinic Ngundu Clinc Berejena Mission Shindi Clinic Nyahombe Cinic Chishave Clinic
Tsholotsho	Tsholotsho District Hospital	Mpanedziba Clinic Sodaka Clinic Dhlamini Clinc Mtshayeli Clinic Pumula Clinic

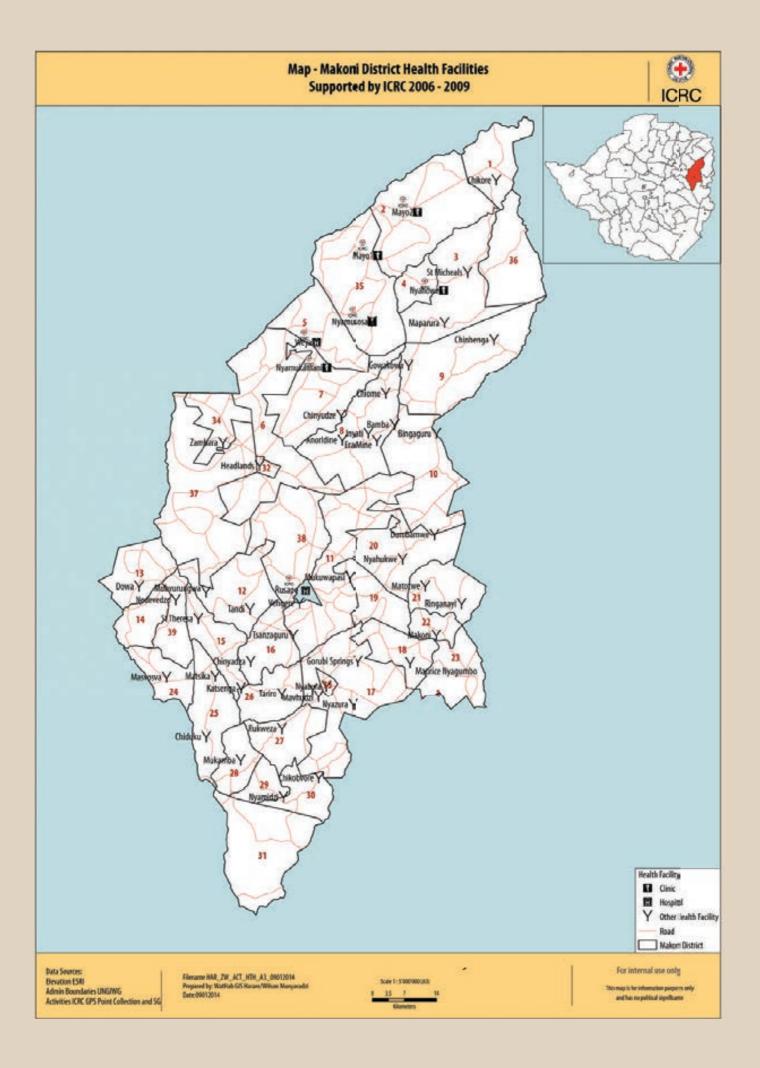


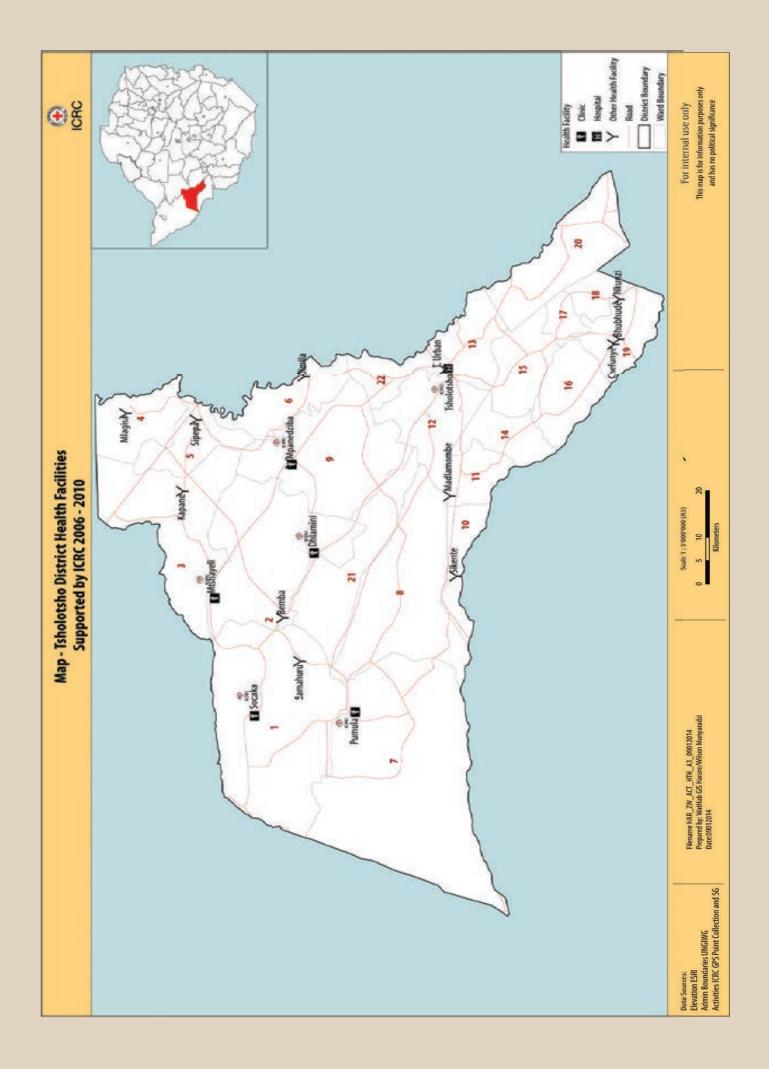
Urban Health Centres Supported by ICRC – 2008 to 2013

City	Hospital	Polyclinic
Harare	Beatrice Road Infectious Diseases Hospital	Budiriro Polyclinic
		Glenview Polyclinic
		Hatcliffe Polyclinic
		Highfield Polyclinic
		Kambuzuma Polyclinic
		Kuwadzana Polyclinic
		Mabvuku Polyclinic
		Mbare Polyclinic
		Mufakose Polyclinic
		Rujeko Polyclinic
		Rustanana Polyclinic
		Warren Park Polyclinic









MISSION

The International Committee of the Red Cross (ICRC) is an impartial, neutral and independent organization whose exclusively humanitarian mission is to protect the lives and dignity of victims of armed conflict and other situations of violence and to provide them with assistance. The ICRC also endeavours to prevent suffering by promoting and strengthening humanitarian law and universal humanitarian principles. Established in 1863, the ICRC is at the origin of the Geneva Conventions and the International Red Cross and Red Crescent Movement. It directs and coordinates the international activities conducted by the Movement in armed conflicts and other situations of violence.

