



ICRC OPERATION IN MYANMAR

JANUARY TO DECEMBER 2025

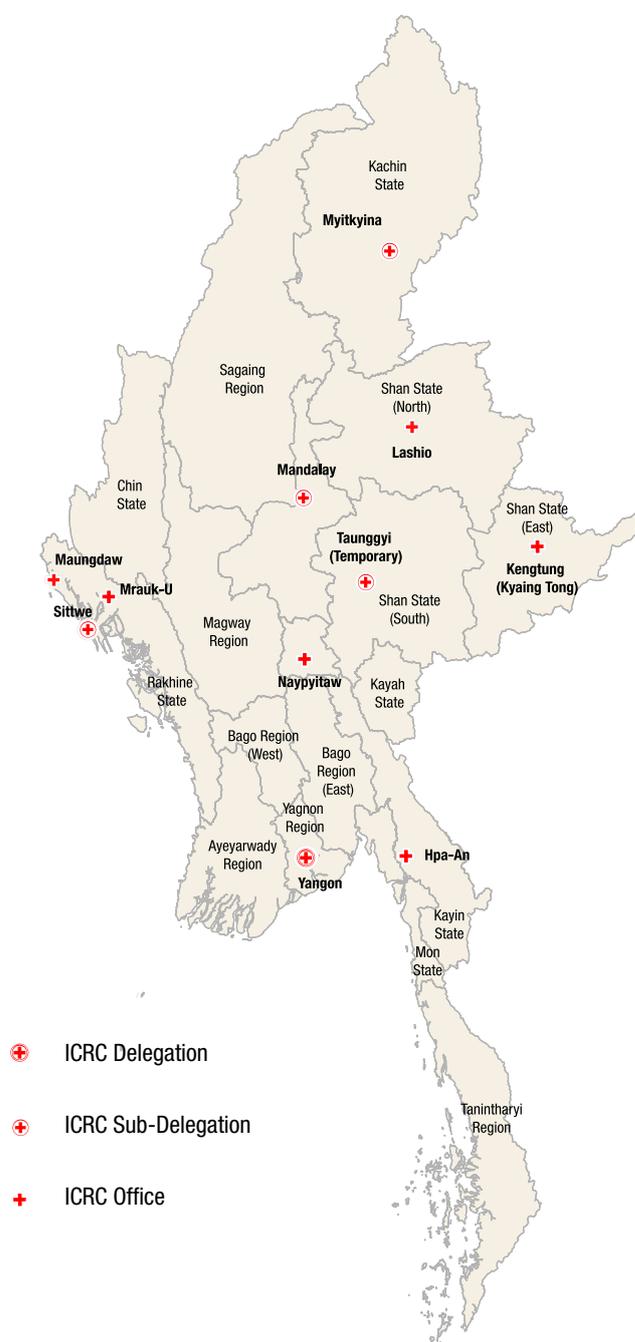


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The International Committee of the Red Cross (ICRC) has been present in Myanmar for 40 years, working to assist and protect people affected by armed conflict, other situations of violence and natural disasters. Its mandate is grounded in the Geneva Conventions and guides its neutral, impartial, and independent humanitarian action.

In 2025, the ICRC worked closely with communities affected by armed conflict, other situations of violence, displacement, and natural disasters. Through its humanitarian programmes, the ICRC reached over 500,000 people across Myanmar, responding to both protracted needs and sudden emergencies.

THE ICRC OFFICES IN MYANMAR



Working with the Myanmar Red Cross Society (MRCS) and the wider Red Cross and Red Crescent Movement, as well as local partners, the ICRC provided emergency and longer-term humanitarian support. This included assistance to displaced and affected communities, support to healthcare services, access to water, sanitation, and shelter, physical rehabilitation, mental health and psychosocial support, protection services, restoring family links, and risk awareness related to explosive hazards.

This document presents an overview of the ICRC's humanitarian activities and key results in Myanmar in 2025. It reflects the scale and scope of assistance delivered during the year, as well as the ICRC's continued commitment to supporting people in need, wherever they are and whatever the circumstances. Figures are rounded for communication purposes and provide an approximate indication of the scale of activities.

ECONOMIC ASSISTANCE TO SUPPORT RECOVERY



Improving farming practices

“The training helped us improve how we care for the soil and grow our crops. I am now able to share these practices with other farmers in my community, so we can improve our harvests together.”

— Farmer, Southern Shan State



Around **139,000** people were supported to restore their food production through the provision of seeds, farm tools, and organic fertilizers.



Over **105,000** people improved their food consumption through the provision of emergency food rations.



Over **137,000** people received Essential Household Items (EHI)—such as blankets, mosquito nets, and hygiene kits—to improve their living conditions.



Over **4,000** households were able to protect their productive assets through animal health campaigns conducted by ICRC-supported Community Animal Health Workers.



Over **12,000** people received assistance for their daily essential needs.



Over **9,000** households received fuel sticks for cooking.

WATER, SHELTER AND INFRASTRUCTURE SUPPORT



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Supporting recovery after the earthquake

“After the earthquake, our water system was damaged, and farming became difficult. With the rehabilitation of the water supply and support for food production, our community regained access to safe water and was able to restart agricultural activities.”

— Farmer, Patheingyi Township, Mandalay Region



Around 150,000 people benefited from improved access to safe drinking water.



48 facilities including hospitals, clinics, and physical rehabilitation centres—were supported with infrastructure renovations to ensure reliable energy and water supply.



Around 55,000 people received shelter assistance to ensure safe and dignified living conditions.

HEALTH SUPPORT



30 Ministry of Health facilities were supported with essential medical equipment, medicines, and capacity building for staff.



Over 13,000 people received emergency treatment from ICRC-supported medical teams.



189 MoH staff who strengthened their emergency-response skills through capacity building and technical courses.



Over 1,600 conflict-affected people received assistance for specialized medical care.



Nearly 17,000 patients benefited from emergency medical transport or referral to hospital care.



Over 1,000 community members were trained in First Aid and pre-hospital emergency care by ICRC/MRCS.

PHYSICAL REHABILITATION



Nearly 5,000 people with disabilities received physical rehabilitation services, including 1,892 survivors of explosive hazards in the physical rehabilitation centres (PRCs) supported by ICRC.



Over 2,300 assistive devices (prostheses and orthoses) were manufactured and provided to patients to restore their mobility.



Around 500 people were empowered through social inclusion initiatives, including adaptive sports, educational scholarships, and small business support.



Around 700 people with disabilities in remote or hard-to-reach areas received services through 10 mobile repair missions.



Restoring Mobility and Independence

“Receiving a prosthesis has given me hope. I can drive again and restart my tricycle business. I’m also thinking about taking a motorcycle repair course, and then opening a repair workshop in my village.”

—Da Shi Aung San, tricycle driver,
Nammati

MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (MHPSS)



Around **1,300** people in need of physical rehabilitation at ICRC-supported centres in Myitkyina and Hpa-an received mental health and psychosocial support (MHPSS).



38 Mental health and psychosocial support technical supervision sessions were organized to strengthen the MHPSS skills of MRCS's MHPSS professional at the ICRC-supported centre in Hpa-an.

RESTORING FAMILY LINKS



Around **6,700** people were provided with support upon release from prison, allowing them to return home with dignity.



Over **4,400** Red Cross Messages with family news were exchanged between separated family members.



Around **3,600** families received support to visit their detained loved ones.



Families of around **700** people were helped to identify the whereabouts of their loved ones.

COOPERATION AND PARTNERSHIP



Around **2,600** Red Cross Volunteers participated in 102 First Aid and other trainings supported by the ICRC.



Over **2,200** Red Cross Volunteers and MRCS's staff were trained in 77 Safer Access Framework (SAF) sessions and operational communications organized by MRCS and supported by the ICRC.



9 Red Cross Ambulances were supported with maintenance and running cost to ensure a continuous emergency response capability.

PROMOTING INTERNATIONAL HUMANITARIAN LAW AND COMMUNITY ENGAGEMENT



IHL session with a civil society organization in Myitkyina.



480 key stakeholders (including weapon bearers, authorities, and community leaders) participated in workshops and dissemination sessions on International Humanitarian Law (IHL).



over 11,800 people engaged in 194 community sessions to improve understanding of the Red Cross mandate and humanitarian principles, contributing to acceptance of humanitarian action.



over 1,200 people (including academic, legal (CSOs) and religious circles) participated in **25 events** to discuss issues related to humanitarian law and human rights law.

EXPLOSIVE HAZARD RISK AWARENESS AND PROMOTING SAFE BEHAVIOUR



Around **74,000** people learned to identify and avoid risks through **1,790** Explosive Hazard Risk Awareness sessions conducted by the ICRC, trained MRCS, and community volunteers.



10 Myanmar Red Cross Society staff were certified as Risk Awareness Instructors.



73 Red Cross Volunteers (RCVs) and **316** community volunteers were trained and certified by the ICRC as Risk Awareness and Safer Behaviour (RASB) trainers to strengthen local response capacity.



Over **76,000** IEC materials with RASB messages were distributed to affected communities.



26 billboards were installed, and **24** campaigns were organized to raise awareness about the risks posed by explosive remnants of war.



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